

Swim Team Parents,

As the new summer swim team head coach for the summer of 2010, I would just like to take this time to introduce myself and the rest of the coaching staff. My name is Lisa Colapietro, and some of you may know me from last year's summer swim team.

I have been a competitor in swimming since the age of 6, and my swimming career is still continuing. Next year I will be a senior at James Madison University, graduating with a major in Kinesiology (concentration in Sport and Recreation Management) and a Business minor. I am also a varsity swimmer at JMU. I currently hold two individual records in the 100 and 200 breaststroke and two relay records at JMU. At the age of 8 I joined the Hollidaysburg YMCA swim team, swam for a club team, and swam for the Hollidaysburg Area Senior High School.

I am deeply passionate in the sport of swimming, and I feel my passion is an important quality to have in order to coach. I want to focus on technique at the beginning of the season and reinforce technique work throughout the rest of the summer. The summer season is very short; however, I want to make sure the kids learn a lot in the time I have with them. I especially want to make the learning process FUN!

Coaching with me will be Meredith Brown and Krystal Edwards. Meredith Brown is currently swimming at St. Vincent College, and she is pursuing a degree in Elementary Education. Meredith swam for Hollidaysburg Senior High School swim team and the Hollidaysburg Area YMCA Swim Team. She loves working with kids and loves the sport of swimming. This will be Meredith's first summer as a swim coach. Krystal Edwards has had multiple years of experience in the pool and with coaching for the Blairmont Barracudas. Krystal swam for the Hollidaysburg Area YMCA and a club team. Krystal is studying Elementary Education at Juniata College. Both Krystal and Meredith are great additions to the coaching staff.

I am very much looking forward to the beginning of summer swim team. I hope you are excited for the summer season too! Feel free to contact me at colapild@dukes.jmu.edu. Enjoy the rest of the school year and see you soon!

Sincerely,
Lisa Colapietro